



Ignite Your Drumming Superpower II: Cone Drum Accompaniment to Energize Your Clinical Practice With Carolyn Koebel, MM, HBCMT-BC

"Carolyn Koebel has a remarkable way of breaking down complex rhythms into manageable ways, bringing each of us closer to our natural state of movement and timing."

*Sharon Boyle, MM, MT-BC
Chair of Music and Theatre, St. Mary-of-the-Woods College*

"Carolyn not only engages you with her own energy and passion, she teaches you how to use your own in ways that make you more culturally competent and adds a whole new level to your musicianship. A must experience course!"

Tori Stevens, Former Student (Western Michigan University)

Description: *In this masterclass, participants will gain strategies and rhythmic vocabulary to drum and sing at the same time in their clinical work more effectively. Participants will learn and/or review the essential playing techniques for the cone drum family of instruments (tubano, djembe, conga, ashiko), and gain a clearer understanding of their cultural roots/identities, and function. Emphasis will be on learning the essential sounds and techniques to elicit the maximal music-making potential of the instrument. Core sounds include bass, tone, & slap. These sounds will be organized into a variety of accompaniment patterns to coincide with a range of song repertoire.*

Prerequisites: Facebook profile is recommended, not required. The course forum is held in a Facebook group. In lieu of a Facebook profile, you are encouraged to interact with the instructor via email.

©Sound Health Music LLC // MusicTherapyEd.com

Do not modify, copy, reproduce, republish, upload, post, transmit, translate, sell, create derivative works, exploit, or distribute in any manner or medium (including by email or other electronic means)



Board Certification Domains:

III. A.5.F 4 & 6: Participants will increase ability to represent diverse grooves with cone drum and voice by exploring and demonstrating traditional playing techniques

III. A. 5 g, i, k, u & aa: Participants will increase their ability to drum and sing with clinical intention by demonstrating functional technique within their current clinical repertoire.

Instructor Qualifications:

Carolyn Koebel, MM, HPC, MT-BC has been drumming since childhood, but fell in love with percussion of the world while studying ethnomusicology as an undergraduate. Her fieldwork research has taken her around the globe in search of traditional and indigenous drumming traditions from diverse cultures. She became a student of West African drum and dance and Afro-Cuban drumming with master teachers in her graduate degree program, traveling to Ghana, West Africa, and studying with masters wherever she can access them on the road of life. She began leading community drumming events and rhythm-based music therapy programming for at-risk youth and older adults in the 1990's and has been offering training workshops to the music therapy community since that time. She is an avid performer, educator, and clinical music therapist. She regularly teaches this material to her students at Western Michigan University and St.-Mary-of-the-Woods college.

Live Course Format:

Section 1: Introduction and Outline (5 min)

- a. Personal introduction
- b. Course outline

Section 2: Demonstration of Integrated Skill Set (5 min)

- a. Sample songs with accompaniment

Section 3: Overview of Playing Techniques (30 min)

- a. Demonstration of bass, tone, slap
- b. Cultural differentiation of djembe, ashiko, conga, tubano

©Sound Health Music LLC // MusicTherapyEd.com

Do not modify, copy, reproduce, republish, upload, post, transmit, translate, sell, create derivative works, exploit, or distribute in any manner or medium (including by email or other electronic means)



Section 4: Accompaniment Patterns with Songs (50 min)

- a. Traditional West African accompaniment patterns
- b. Translating drum-set grooves to cone drum
- c. Creating patterns for music therapy song accompaniment
- d. Drumming and singing together

Section 5: Final Wrap Up (10 min)

- a. Q&A

Total time: 100 minutes

Number of CMTEs: 2 Price: \$50

Refund Policy: Within 30 days of your first subscription payment or any single course purchase, if you are not 100% completely satisfied with our ever-expanding library of stellar video courses and interventions then we will gladly refund your money after a short exit interview. Subscription payments after 30 days are FINAL SALE ONLY. In other words, no refunds are available for subsequent subscription payments. Send an email to info@musictherapyed.com for more information.

Refund requests must be accompanied by a thorough explanation and completed course homework. Refunds are granted or denied on a case-by-case basis. No refunds are given after 30 days of purchase date.

CBMT Relationship: *Ignite Your Drumming Superpower II: Cone Drum Accompaniment to Energize Your Clinical Practice*

With Carolyn Koebel, MM, HBCMT-BC is approved by the Certification Board for Music Therapists (CBMT) for 2 Continuing Music Therapy Education credits.

MusicTherapyEd.Com, Approved Provider #P-110, maintains responsibility for program quality and adherence to CBMT policies and criteria.

©Sound Health Music LLC // MusicTherapyEd.com

Do not modify, copy, reproduce, republish, upload, post, transmit, translate, sell, create derivative works, exploit, or distribute in any manner or medium (including by email or other electronic means)